



SWEET TREATS



SWEET CREPES

Add a scoop of vanilla Gelato on the side \$2.00

Heaven Mango, oranges, strawberries, Nutella, mango sauce. \$11.25

Granola Berry Imported Greek yogurt, strawberries, granola & Greek honey \$10.32

Basic Bananas, strawberries, Nutella, white powdered sugar. \$10.32

Peanut Banana Organic peanut butter, bananas, Nutella. \$10.32

Strawberry Cheese Crepe New York cheesecake, fresh strawberries, whipped cream, drizzled with caramel \$13.13

Berry Crepe Fresh strawberries, fresh blueberries, Nutella, powdered sugar \$11.25

Honey I'm Nuts Greek honey, walnuts, cinnamon and raisins \$9.37

Biscolate Oreo cookies, dark chocolate, caramel, whipped cream. \$9.38

WAFFLES

Standard Waffle 100% maple syrup, whipped butter. \$6.99

StrawBella Waffle Fresh strawberries, powdered sugar, Nutella, whipped cream, and vanilla gelato. \$10.32

Cookies And Cream Waffle Oreo cookies, chocolate sauce, caramel, whipped cream and vanilla gelato. \$10.32

Berry Waffle Strawberries, blueberries, Nutella, whipped cream and powdered sugar. \$10.32

PANCAKES

Add a scoop of protein \$1.50 / vanilla gelato \$2.00
Standard Pancakes 2 pancakes with 100% maple syrup and butter. \$7.99

Berry Pancakes 2 pancakes, fresh strawberries, blueberries, Nutella and powdered sugar. \$10.32

Banana/walnuts Pancakes 2 pancakes, fresh bananas, walnuts, maple syrup, and butter. \$10.32

KIDS MENU

Age 12 and under

Nutella Bun \$ 4.99

Grilled Cheese Panini (American cheese) \$5.99

Kid's panini with Turkey and American cheese. \$6.99

Kid's sweet crepe with Nutella and powdered sugar. \$5.99

Half waffle with scrambled egg. \$5.99

Kid's Burger (with American cheese) \$6.99

Kid's Drinks (orange juice or chocolate milk) \$3.99

PITAYA & ACAI BOWLS

Add a scoop of protein powder \$1.50

any additional fruit \$0.99

3RD Wave Bowl Pitaya or acai, bananas, pineapple, topped with strawberries, bananas and Nutella. \$9.38

Peanut butter Bowl Pitaya or Acai, bananas, organic peanut butter, almond milk, topped with bananas and granola \$9.38

Mango Pineapple bowl Pitaya or acai, pineapple, mango, topped with mango, granola and coconut flakes. \$9.38

Island Bowl Pitaya or acai, pineapple, mango, coconut water, topped with granola, strawberries and Blueberries \$9.38

Greek Pitaya Bowl Pitaya or acai, Greek yogurt & bananas topped with strawberries, honey & granola \$9.38

Fruitopia Pitaya or Acai, pineapple, bananas, topped with strawberries, blueberries, pineapple and kiwi \$10.00

Kale Bowl Fresh kale, bananas, almond milk, topped with strawberries, coconut flakes and granola. \$9.38

PITAYA & ACAI SMOOTHIES

ONE size only 20oz \$8.50

Pump Up Smoothie Pitaya or acai, baby spinach, banana, Greek yogurt, almonds and coconut water.

Berry Blast Smoothie Pitaya or acai, bananas, mixed berries, kale and almond milk.

Avocado Delight Pitaya or acai, 1/2 avocado, bananas, blueberries and almond milk.

Pink Apple Smoothie Pitaya or acai, green apple, bananas and Greek yogurt.

Granada Greens Pitaya or acai, kale, banana, ginger, coconut water and lemon.

Tropical Chia Pitaya or acai, pineapple, mangoes, coconut water and chia seeds.

Mango Mint Smoothie Pitaya or acai, mangoes, strawberries, orange juice, and mint



simply the best



HOT ORGANIC ESPRESSO DRINKS

Single espresso \$2.50
Double espresso \$3.00
Macchiato \$3.25
Americano 12 oz \$3.00

16 oz

Organic house coffee \$2.50
Organic decaf \$3.00
Flavored coffee \$3.00
Cappuccino \$3.75
Regular Latte \$3.75
Mocha Latte \$3.80
Vanilla Latte \$3.80
Nutella Latte \$3.80
Caramel Latte \$3.80
Matcha latte \$3.99
Chai latte \$3.99
Hot chocolate \$3.50
Hot Tea \$2.99

Milk options: organic milk, Cream, almond milk, oat milk.

100% FRESH JUICES & SMOOTHIES

ONE size only 20oz \$6.56

Sunrise Oranges, with carrots

Beets Citrus Beets, oranges and banana

Alti Elixir Spinach, carrots, oranges, and lime

Berry Banana Strawberry, blueberry, and banana

Sweet Beets Carrots, beets, oranges

Tropical Pineapple, cucumber, and lemon

Galapagos Spinach and pineapple

Green Meadow Apple, kiwi, cucumber

Sour Twist Lemon, lime, mint, brown sugar

Feel Good Kale, orange, and ginger

Green Mint Oranges, green apple, kiwi, and mint

Sweet Spicy Green Apple, kale, ginger, cucumber

Matcha Juice Matcha Green tea, banana, pineapple, coconut water

CREATE YOUR OWN JUICE WITH 3 INGREDIENTS

Any additional item \$0.99

FRUIT OPTIONS

strawberry / lemon
blueberry / lime
orange / mango
Kiwi / pineapple
green apple
banana

VEGETABLES OPTIONS

carrots / cucumber
baby spinach
kale / celery
ginger / beets

ADD-ONS

Scoop protein powder \$1.50
Wheatgrass Shot
Small \$3.00 / Large \$5.00
Organic Peanut Butter \$2.50
Ginger Shot \$2.50
Avocado \$2.50
Greek Yogurt \$2.00
Chia Seeds \$1.00
Flax Seeds \$1.00

VITAMIN BOOSTER DRINKS

ONE SIZE ONLY 20oz \$7.50

Indigestion Pineapple, Carrots, Cucumber **Energy** Orange, Ginger, Pineapple

Peanut Butter Shake Almond Milk, Organic Peanut Butter, Bananas

Weight Loss Cucumber, Pineapple, Organic Apple Cider Vinegar

Hangover Green Apple, Carrots, Beets, Lemon

High B.P. Beets, Green Apple, Celery, Ginger

Cold + Flu Carrots, Green Apples, Ginger

Detox Beets, Carrots, Green Apples, Mint

Fatigue Carrots, Green Apple, Lemon, Baby Spinach

Stress Baby Spinach, Green Apples, Cucumber, Celery

Headache Green Apple, Cucumber, Kale, Ginger, Celery

ICED ORGANIC ESPRESSO DRINKS 20 oz

Organic house coffee \$3.50
Black eye 20 oz \$4.50
Freddo espresso \$3.50
Vanilla gelato espresso \$5.50
Greek Frappe \$4.50
Freddo cappuccino \$4.50
Iced regular latte \$4.50
Iced mocha latte \$4.80



Nutella latte \$4.80
Caramel latte \$4.80
Vanilla latte \$4.80
Flavored coffee \$3.50
Matcha latte \$4.50
Chai latte \$4.75
Iced tea \$3.00
Flavor of the day