

BREAKFAST

Served from open to 12pm.

All our breakfasts **ARE MADE FROM SCRATCH** with fresh vegetables and organic eggs. Served with fresh fruit and small organic house blend coffee. *Extra charge for refill or other type of coffee.*

Build Your Breakfast Crepe \$13.13

2 organic eggs any style, applewood bacon, or turkey bacon, 3 vegetables and one cheese.

Choices of Vegetables: Green Peppers, Red Onions, Plum tomatoes, Kale, Corn, Cucumbers, Asparagus, Greek Olives, Baby Spinach (Mushrooms extra \$1.00, Avocado extra \$2.50)
Choices of cheese: Feta, Swiss, Goat, Yellow American, Muenster, Fresh Mozzarella.

Pancakes breakfast \$12.66

2 pancakes, 2 organic eggs any style, turkey bacon, fruit cup, maple syrup and butter.

NEW PROTEIN Pancakes breakfast \$13.99

2 pancakes (vanilla or chocolate protein) 2 organic eggs any style, turkey bacon, fruit cup, maple syrup and butter.

Waffle breakfast \$12.66

A waffle with 2 organic eggs any style, turkey bacon, fruit cup, maple syrup and butter.

OMELETTES

Served with fruit cup and organic house blend coffee.

NEW Las Vegas Two organic eggs, gluten-free turkey, green peppers, red onions, mushrooms Swiss cheese, toast. **\$12.66**

Kings Court Two organic egg whites, gluten-free turkey, asparagus, kale, plum tomatoes, muenster cheese and toast. **\$12.66**

Greek Omelette Two organic eggs, baby spinach, Greek olives, plum tomatoes, Greek feta cheese, toast. **\$12.66**

Veggie Omelette Three organic egg whites, kale, onions, tomatoes, green peppers, avocado, toast. **\$12.66**

Protein Omelette Three organic egg whites, chicken, baby spinach, avocado, and toast. **\$14.54**

NEW FRENCH TOAST

Plain Challah French Toast **\$7.99**
Berries French Toast **\$9.99**
Banana Nutella French Toast **\$9.99**

LUNCH SPECIALS

From 11pm-2pm · Monday-Friday, excluding holidays

-2 Chicken Skewers with lemon oregano **\$7.50**

-Half Panini & House Salad (Panini with Gluten-free turkey, swiss cheese, baby spinach, tomatoes, and low-fat mayo. Small house Salad with balsamic dressing.) **\$9.99**

AVOCADO TOAST

- Fresh mozzarella **\$7.50**
- 2 organic eggs sunny side up **\$7.50**
- Turkey bacon or applewood bacon **\$7.50**
- Plum tomatoes with feta and Greek oil olive **\$8.00**



SPECIALTIES

Our specialties are served with baked potatoes or fruit cup

Chicken Kabobs 2 chicken kabobs, baked potatoes on side & gluten-free tzatziki sauce. **\$10.32**

Grilled Chicken Sandwich Hormone free chicken, muenster cheese, avocado, plum tomatoes, honey mustard on a brioche bun. **\$12.19**

Special Blend Burger Plum tomatoes, American cheese, avocado & honey mustard on a brioche bun. **\$12.66**

NEW Chimichurri Burger Plum tomatoes, onions, swiss cheese, avocado, chimichurri sauce on a brioche bun. **\$12.66**

Salmon Burger 6oz, Faroe Island Salmon, avocado, sweet red peppers, and spicy chili aioli dressing on a brioche bun. **\$14.07**

Beef Gyro Pita bread, gyro meat, plum tomatoes, red onions & gluten-free tzatziki sauce. **\$11.25**

Chicken Gyro Hormone free grilled chicken, pita bread, plum tomatoes, red onions & gluten free tzatziki sauce. **\$11.25**

Cheesesteak Steak, grilled green peppers, red onions, sweet red peppers, American cheese on ciabatta club. **\$14.06**

Veggie Sandwich Multigrain bread, black bean patty, tomatoes, avocado, & homemade hummus. **\$13.13**

Buffalo Chicken Sandwich Brioche bun, buffalo chicken, plum tomatoes, avocado, muenster cheese with cilantro/lime mayo dressing. **\$13.13**

EXTRA SIDES

AVOCADO \$2.50 BEETS \$5.00 ASPARAGUS \$5.00
SIDE OF POTATOES \$3.50 HUMMUS WITH PITA \$5.00

There is a two-item minimum per person for table service on parties of three or more. 18% gratuity is added to parties of five or more. The FDA advises consuming raw or undercooked meats, poultry, seafood, or eggs increases your risk of foodborne illness. Prices subject to change without notice.

NEW RICE BOWLS

Chicken Bowl Brown rice, chicken, avocado, tomatoes corn, cucumbers, cilantro lime mayo dressing. **\$14.07**

Steak Bowl Brown rice, steak, avocado, tomatoes, mushrooms, chimichurri sauce. **\$14.99**

Salmon Bowl Brown rice, Faroe Island Salmon, avocado, asparagus, carrots, teriyaki sauce. **\$15.94**

Veggie Bowl Brown rice, black bean patty, avocado, cucumbers, corn, hummus, and cilantro lime mayo dressing. **\$13.97**

Greek Bowl Brown rice, gyro meat, olives, tomatoes, cucumbers, feta cheese and tzatziki sauce **\$13.97**

Extra organic egg \$1.50 Fruit side \$3.50

PANINIS / WRAPS

These combinations can be served on:
Multigrain bread, white pita, ciabatta club, whole wheat wrap, spinach wrap, gluten-free wrap \$1.00 extra
Choice of side: Baked potatoes or fruit cup.

Turkey Pesto Gluten-Free turkey, fresh mozzarella, plum tomatoes, avocado and pesto sauce. **\$11.25**

Avocado BLT Turkey bacon, baby spinach, tomatoes, avocado, cilantro/lime mayo dressing. **\$12.19**

The Mediterranean Steak, imported Greek feta, baby spinach, plum tomatoes, red onions, and chimichurri sauce. **\$15.00**

The Ecuador Club Chicken, avocado, turkey bacon, swiss cheese, kale & spicy chili aioli dressing. **\$14.07**

Turkey Americano Gluten-free turkey, American cheese, plum tomatoes, baby spinach, honey mustard. **\$10.32**

SAVORY CREPES

Made with 100% whole wheat flour and only the freshest ingredients.

CrepeOlogy GF. Turkey, corn, plum tomatoes, red onions, avocado, Swiss cheese, low fat mayo & honey mustard. **\$12.99**

Fill Me Up Steak, plum tomatoes, feta cheese, green peppers, oregano, and chimichurri sauce. **\$14.07**

So Light Grilled chicken with lemon pepper, goat cheese, plum tomatoes & low fat mayo. **\$11.25**

The Max Faroe Island Salmon, goat cheese, asparagus, lemon & oregano. **\$14.07**

Veggie Crepe Baby spinach, plum tomatoes, green peppers, Greek olives, red onions, feta cheese, olive oil, salt, black pepper & vinegar. **\$11.25**

Chicken Mozzarella crepe Grilled chicken, mozzarella, tomatoes, baby spinach and pesto sauce. **\$12.19**

The Gyro Crepe Beef gyro, plum tomatoes, red onions, and gluten-free tzatziki sauce. **\$11.25**

Buffalo Chicken Crepe. Chicken, plum tomatoes, baby spinach, muenster cheese and cilantro/lime mayo dressing. **\$12.19**



SALADS

Served with white pita or multigrain bread

House Salad Baby spinach, corn, cucumbers, red onions, green peppers, plum tomatoes & *your choice of dressing balsamic vinegar or lemon olive oil.* **\$10.32**

Greek Salad Baby spinach, cucumbers, plum tomatoes, Greek kalamata olives, grape leaves, green peppers, feta cheese, Greek dressing. **\$11.25**

Avocado Salad Baby spinach, avocado, cucumbers, green peppers, plum tomatoes, Greek kalamata olives, red vinegar, Greek olive oil, salt. **\$13.13**

Chios Salad Cucumbers, tomatoes, green peppers, red onions, kalamata olives, Greek feta cheese, red vinegar, olive oil, salt, pepper, and oregano. **\$11.25**

Kale Salad Green apples, walnuts, raisins, goat cheese, strawberries, mango puree dressing. **\$12.19**

Beets Goat Salad Baby spinach, beets, walnuts, goat cheese (olive oil, red vinegar, salt, lemon dressing) **\$13.13**

Hummus Salad Homemade hummus, cucumbers, red onions, tomatoes, chickpeas, served with pita bread and lemon olive oil dressing. **\$13.13**

Vegan Platter Homemade hummus, beets, grape leaves, chickpeas, kalamata olives, lemon olive oil dressing. **\$14.07**

MEAT SIDES

HORMONE FREE CHICKEN \$5.00
STEAK \$ 6.00 SALMON \$7.00 TURKEY BACON \$4.00
GLUTEN FREE TURKEY \$4.00 APPLEWOOD BACON \$4.00